

Disclaimer for Intake Forms

Disclaimer: In our Intake Forms and assessment forms, we ask for some limited health history from you. We ask these questions because life coaching guidance can be more useful if we know the overall context. In addition:

1. We may want to encourage and advise you to consult with your medical professionals for any disease conditions.
2. We may in the future be able to refer you to various networks of healthcare professionals, and therefore it will be easier if we have a more complete record of your overall wellness.

Having said that, as noted below, we are only providing coaching guidance— focusing on lifestyle, habits, and goals—and never giving you medical or psychological advice about the underlying condition.